

Volunteer Role Profile



Volunteer Role

Companion

Volunteer Manager

Community Engagement and Volunteer Coordinator

Where you will be based

Community

Why we want you

To offer practical and social support to patients and their families

What you will be doing

- Visit patients/carers in their own homes on a regular basis
- Take patients in your car and accompany them to appointments, local activities, groups or to go shopping
- Assist the patient or carer with light practical tasks around the house or garden
- Provide companionship and a listening ear
- Help the patient re-engage in social activities, from accessing local community groups to playing board games
- Record your visits using the agreed process
- Attend support groups and one to one sessions as agreed

The skills you need

- To be able to actively listen without feeling a need to 'fix it'
- To be balanced and comfortable in your own life, especially if you have personal experience of loss, bereavement and grief.
- To be empathetic, transparent and non-judgemental in your approach
- To have an ability to encourage and motivate individuals.
- To be comfortable relying on your own initiative and common sense but also recognising your own needs and knowing when to seek support.
- To be courteous, friendly, have a sense of humour and be approachable.
- To be a non-smoker whilst performing your volunteer duties.
- To have a clean driving licence and be happy to take patients in your car.

What's in it for you

- A chance to support people in your local community
- Learn new skills
- Gain more confidence
- Make new friends
- Out of pocket expenses reimbursed

Disclaimer

This role will require a DBS check